



# NEWSWATCH

1206 (Mercian) Squadron Air Training Corps

## A year in the life of the Mayors Cadet

I had the privilege of being the first Mayor's Cadet of Lichfield City during Janet Eaglands term of office. My purpose was to provide a public image of the ATC within my local area and at civic events throughout the year: visually promoting the Corps and my squadron 1206 (Mercian) Lichfield.

During my time as Mayor's Cadet I attended many gut-busting banquets, civic processions and parades. I spoke at services in the grand Lichfield City Cathedral, and conversed with many local dignitaries about issues in the area as well as about my time in the ATC and all the opportunities I have gained.

I really enjoyed my time as Lichfield City's first mayoral cadet and I actively encourage anybody who wants to get the most out of the ATC to put themselves forward for this position at their local squadron. You get so much out of it and you never know what it could lead to! My

experience has been a focal point in many job interviews and has also put me in good stead should I strive for the Lord Lieutenants Cadet. (Flight Sergeant Thomas Emerton)



## Thousands turn out to show their support for 1206!

100 cadets from both 1206 (Mercian) Squadron and other local squadrons smartly marched in the historic 'Lichfield Greenhill Bower' on the Spring Bank Holiday Monday. Following on behind the traditional Morris dancers who lead the parade, the cadets entered the city with the band of West Mercian Wing, bringing a proud smile to the faces of the vast

crowds that filled the city's streets. Thousands of people had flooded into the historic city, encouraged by the lovely weather which had for once banished the dreary clouds of the British summer. In total, the procession took around 3 hours to complete as it weaved its way around the city's renowned landmarks: the Guildhall, Lichfield Garrick Theatre,

Lichfield City Cathedral and the Garden of Remembrance. Following on behind the cadet contingent were many spectacular floats from various organisations, all of which were graciously applauded by the crowds. All in all it was a very enjoyable day and we look forward to next year's event! (Cadet Lindsay Ingle)

### Contact us:

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## Cadets experience life in the RAF – PT style!

With the Air cadets being part of the RAF you would expect us to have high level of fitness right? Well I'm fairly sure that after what was described as a 'bog standard' fitness session some doubts were cast on this belief. We started out by doing some relatively easy warm up exercises which were very fun, led by a PTI from the Army based at the station.

We then moved on to the highlight of the evening, the military style fitness circuit. We completed two circuits

spaced out with occasional minute of step up on a bench and a chance to take on some water. There were twelve exercises in total which lasted around 30 seconds each and included classics such as sit-ups and burpees.

Afterwards we played what was described as a quick 'game' that proved to be far more difficult than all the other exercises combined. On the command of the PTI we either did a press up, ran to the baseline or

lifted our partner up; all whilst air boxing in between.

All in all it was an enlightening and rather technically difficult evening. I think I can speak for the whole squadron when I say I am looking forward to the next Sports night, but then again I have been wrong before about this kind of thing. (Cadet Lyle Poley)

## New Squadron Website Goes Live

Designed by Communications officer – CI Charles Tipping with the help of cadets and senior members of staff our new website is now fully up and running. NewswATCH articles and .pdf documents of the complete

editions will be offered for download in the near future. Staff and Cadet Recruitment details are all available now! All of which will help us spread the word of the brilliant activities we

get up to at 1206 squadron! (Corporal James Baker)

So check it out now at: [www.1206mercian.org.uk](http://www.1206mercian.org.uk)

## Cadet Question Time-Wing Field Day Edition!

**Name:** Edward Litherland-Smith

**Rank:** Corporal

**Period of service:** 3 Years 10 months

**Best experiences so far:** Easter Swynnerton

**What do you want to achieve during your time in**

**the ATC:** Achieve the rank of Flight Sergeant and complete my Gliding and flying scholarships

**What interests do you have outside the ATC:**

Scuba-diving and Sail Powerboats

**What is your biggest achievement so far:** Achieving Master Air Cadet

**How did you find out about the ATC:** Friend

**Where do you see yourself in 10 years' time:** As a Nuclear Physicist.

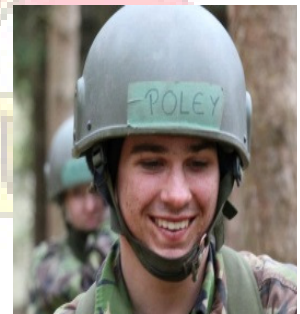
### NCO Team

FS Bailey  
FS Brittain  
FS Emerton  
FS Manser  
Sgt Haley  
Sgt Gardner  
Sgt Borton  
Sgt Fisher

Cpl Litherland-Smith  
Cpl Castledine- Pearce  
Cpl Baker  
Cpl Daire  
Cpl Wyss  
Cpl Jones  
Cpl Bloomfield

### This month the CADET OF THE MONTH

AWARD is awarded to **Cadet Lyle Poley** for exceptional service including Regional rugby and the Swynnerton Leadership course in just 7 months of service.



## NEWSWATCH

Is an on-going project, run by 1206 (Mercian) Sqn Cadets under the supervision of the editor Cpl Baker and Members of Staff

Next Deadline: 31/09/2013

Hand articles in to any member of the NewswATCH team